

#### Study program: Doctoral Academic Studies in Biomedical Sciences

Name of the subject: PERSONALIZED MEDICINE

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Status of the subject: elective

Number of ESPB points: 20

Condition: -

#### Goal of the subject

The basic goal of the elective course *Personalized Medicine* is to familiarize students of Doctoral academic studies of biomedical sciences with the basic concepts of personalized medicine. Acquiring knowledge about the possibilities of applying new technologies in medicine and clinical practice. Acquiring knowledge about the importance of team and multidisciplinary approach in everyday work. Introducing the novelty in the field of personalized medicine.

### Outcome of the subject

While attending classes, students acquire all the necessary knowledge in the field of *Personalized Medicine*. Gaining knowledge of the specifics of personalized patient access from clinical branches of medicine. Introducing of the challenges and difficulties of personalized medicine. Introducing new technologies such as microarray, next generation sequencing, whole genome sequencing. Familiarity with the possibilities of applying personalized medicine in primary, secondary and tertiary forms of healthcare. Acquiring knowledge about proper approach and communication with the patient with hereditary disease and members of family.

## Content of the subject

Theoretical lectures:

- Vision of personalized medicine
- Evidence-based medicine
- · Perspectives on personalized medicine
- · Challenges and difficulties of personalized medicine
- · Expectations in personalized medicine
- Personalized medicine in 2020-2025.
- · Innovations related to personalized medicine
- Registers, electronic databases, biobanks and personalized medicine
- Digital phenotyping
- European Alliance for Personalized Medicine
- · Genome, proteome, microbiome, transcriptome, epigenetic, metabolome and personalized medicine
- Neonatology and personalized medicine
- Personalized medicine and health care (primary, secondary, tertiary)
- · Personalized medicine in rehabilitation
- Personalized medicine and treatment
- Personalized medicine and prevention
- Research in personalized medicine
- Genetic, genomic and next-generation sequencing
- A team and multidisciplinary approach
- Biomarkers
- Epigenetics
- Genetic modifiers
- Enzyme replacement therapy
- Screening and early diagnosis potential challenges
- · Predisposition, screening, diagnosis, prognosis, prediction, medical monitoring, monitoring and personalized medicine
- Low incidence diseases rare diseases
- The role of patients and associations

## Practical lectures:

- · History and personalized medicine
- Introducing new technologies
- · Possibility of applying digital phenotyping in practical work

- · Patients and physician reports
- Practical aspect and possibilities of applying genomics
- Practical aspect and possibilities of applying proteomics
- Practical aspect and possibilities of application of interactomics, metabolomics in clinical practice
- Personalized medicine and recent therapeutic approaches case reports
- Personalized medicine and prevention case reports
- Preventive medical aspect of epigenetics presentations
- Overview of the work of the Molecular Genetics Cabinet
- Benefits of personalized medicine case reports
- · Limitations of personalized medicine case reports
- Biobanks and personalized medicine a practical aspect
- Microarray technology
- Next generation sequencing
- Clinical exome sequencing presentation and capabilities
- Complete genome sequencing views and capabilities
- Preimplantation genetic testing
- Patient informed consent display protocol
- Patient registers view
- Patient informed consent display protocol
- Patient associations overview
- Practical aspect of team and multidisciplinary approach in personalized medicine

# Recommended literature

Compulsory

- 1. Firth H, Hurst J. Oxford Desk Reference Clinical Genetic and Genomics, 2nd Ed. Oxford University Press 2017.
- 2. Nussbaum RL, McInnes RR, Willard HF. Thompson and Thompson Genetics in Medicine, 8<sup>th</sup> Ed. Elsevier Science Health Science 2015.

Additional:

- 1. Shoaib M, Rameez MAM, Hussain SA, Madadin M, Menezes RG. Personalized Medicine in a New Genomic Era: Ethical and Legal Aspects. Sci Eng Ethics 2017;23(4):1207.12. doi: 10.1007/s11948-016-9828-4.
- Trninić-Pjević A, Milatović S, Havrljenko J, Kavecan I, Kopitović A. Birth of a healthy child after preimplantation genetic testing in a father with Klinefelter's syndrome in Serbia. Vojnosanitetski pregled 2019 OnLine-First Issue 00, Pages: 138. <u>https://doi.org/10.2298/VSP190715138TDi</u>
- Sanzo M, Cipolloni L, Borro M, La Russa R, Santurro A, Scopetti M, Simmaco M, Frati P. Clinical Applications of Personalized Medicine: A New Paradigm and Challenge. Curr Pharm Biotechnol 2017;18(3):194-203. doi: 10.2174/1389201018666170224105600.
- 4. Sharrer GT. Personalized Medicine: Ethical Aspects. Methods Mol Biol. 2017;1606:37-50. doi: 10.1007/978-1-4939-6990-6\_3. Review.
- 5. Barker RW. Is precision medicine the future of healthcare? Per Med. 2017 Nov;14(6):459-461. doi: 10.2217/pme-2017-0060.
- 6. Goetz LH, Schork NJ. Personalized medicine: motivation, challenges, and progress. Fertil Steril. 2018 Jun;109(6):952-963. doi: 10.1016/j.fertnstert.2018.05.006.
- 7. Carrasco-Ramiro F, Peiró-Pastor R, Aguado B. Human genomics projects and precision medicine. Gene Ther. 2017 Sep;24(9):551-561. doi: 10.1038/gt.2017.77.

Number of active classes	Theory: 60	Practice: 45
Methods of delivering lectures:		
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Lectures. Practical classes: Case reports of patients and the possibilities of applying personalized medicine. Outline of the work of the Medical Genetics Service: an outline of the work of the Medical Genetics Department, the Family Planning Cabinet, the Cytogenetic Laboratories, the Newborns Screening Cabinet, the Molecular Genetics Cabinet.

**Evaluation of knowledge (maximum number of points 100)** activity during lectures: 10

seminars: 20 essay: 20 oral exam: 50